

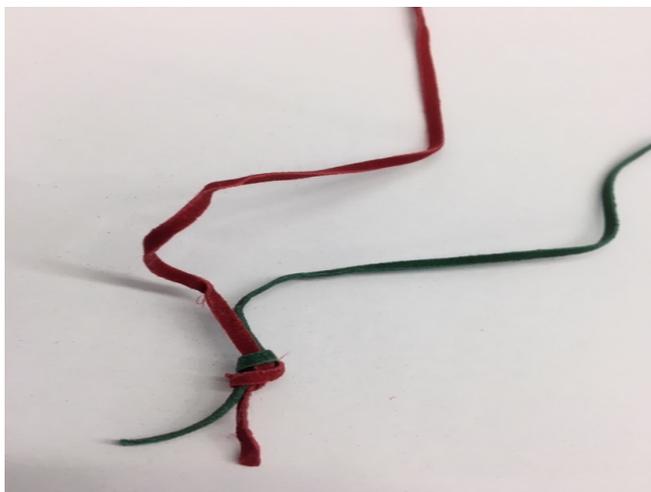
How to Make Waiting Beads

Materials

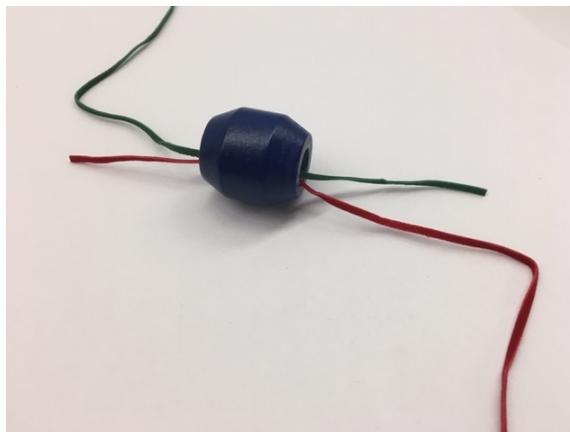
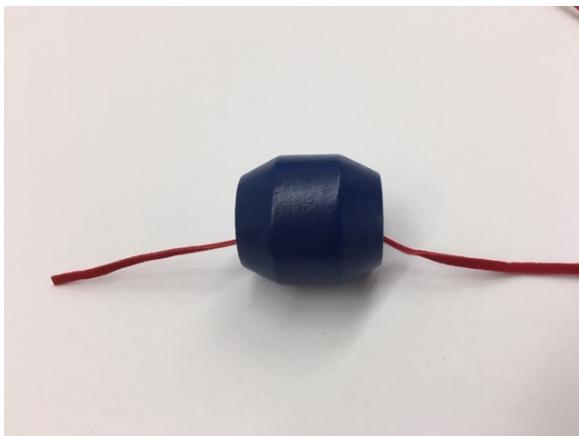
- Beads with a hole large enough to pass 2 laces or strings through in opposite directions
- Two pieces of heavy string, cord, shoelaces, or heavy elastic cord

Directions

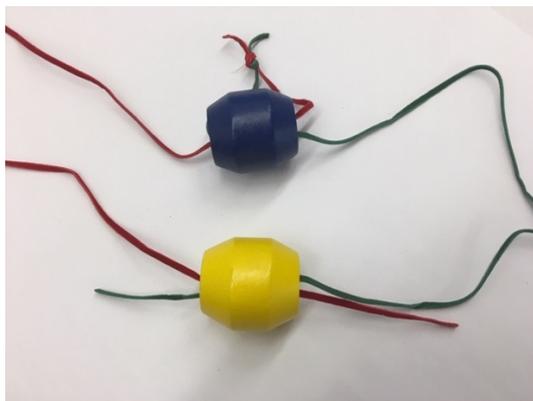
1. Tie the ends of two pieces of cord together in a knot.



2. Thread one piece of cord through the hole in the bead. Thread the other piece of cord through the hole in the opposite direction. Pull to tighten. Keep the tension on the beads light so that they will be easy to move once the chain is complete.



3. Repeat Step 2, adding as many beads as you need.



4. Once all the beads are added, tie off the ends of the cords, leaving enough space to easily move the beads up and down the cord.



The beads can be used by moving one bead at a time until all the beads have been moved to the opposite end. When first using the beads, the Intervenor may find that it helps to use a timer to ensure the beads are moved in even increments.

